

**XWSB40S**

# WEIGHTLIFTING SAND BAG SET

5 - 40 KG



X Track Weightlifting Sandbags offer a uniquely challenging and customizable form of strength and stability training.

With incrementally adjustable weight and dimensions, sandbags are popular among a wide variety of athletes—from Strongman competitors to martial artists—as a way to develop stabilizer muscles and grip strength on a level not always possible with traditional stable loads.

## BASE FEATURES

SOLD BY SET	YES
NUMBER OF UNIT	8
WEIGHT	5 - 40 KG
INCREMENT	5 KG
SIZE	53CM X 20CM X 20CM 85CM X 33CM X 33CM
RACK	OPTIONAL
GRIP	MULTIGRIP